

# The IVY Project (Interventions for Vulnerable Youth)

The Interventions for Vulnerable Youth (IVY) Project was introduced to support the complex needs of children and young people who present a risk of harm to others through violence and/or harmful sexual behaviour.

Funded by the Scottish Government, IVY was established to meet the needs of this, often, marginalised group by promoting best practice in risk management, specialist assessment and interventions.

IVY is a specialist psychology and social work service that aims to support services across Scotland by providing evidence-based risk assessment and management plans, alongside psychological assessment and specialist interventions. The project supports young people up to their 19th birthday who are presenting a significant risk to others, and often have complex needs and/ or behaviours.

For more information, please visit kibble.org/ivy. To make a referral, please email ivy@kibble.org or call 0300 303 2012.



## Level 1 - Professional Consultation

Our first step for all accepted referrals will be to provide a consultation with the team supporting the young person. Consultation will be chaired by a Forensic or Clinical Psychologist, and supported by a Social Worker. We seek to develop a shared understanding through risk formulation that can support risk management and care planning for the young person.

Following the consultation, IVY will provide a set of agreed recommendations for the team to consider.

Within six weeks of the consultation IVY will provide a fuller report of the consultation, detailing the agreed risk formulation.

Where there is a need for additional input from IVY we may offer to progress to Level 2 or Level 3 input.

### Level 2 – Specialist Assessment

Where there is greater complexity, it may be of benefit to provide additional assessment to support risk management plans and psychological understanding. This can be offered through more comprehensive risk assessment or psychological assessment. When it is necessary, and in a small proportion of cases, direct intervention with the young person may be required in the form of a Level 3 intervention.

### Level 3 – Specialist Treatment

In some cases, it may be helpful to provide direct support to the young person through an individualised programme of interventions or treatment.

#### **Kibble IVY Project**

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