Operations

No Smoking Policy

IMS-OPS-008

Version 1.00



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2 Introduction

Research shows that:

- Almost a quarter of all young people are regular smokers by the age of 15
- Almost all adult smokers took up the habit when they were children
- It is estimated that 450 children a day take up the habit
- The medical profession regard smoking as the major cause of many illnesses
- It is estimated that approximately 114,000 smokers a year die in the UK because of their smoking habit
- People can be harmed by second-hand smoke, i.e. by inhaling smoke from other people's cigarettes

Kibble is committed to the GIRFEC SHANARRI Well-being indicators in terms of the Outcomes it hopes to achieve for the young people, and Health is a significant aspect of the positive outcomes we strive to achieve. Assisting young people to give up smoking is clearly a desirable outcome to strive towards. We would look for support from families/carers/local authorities and other significant stakeholders in the lives of the young people to work towards positive outcomes for all the young people.

In addition, Kibble Education and Care Centre acknowledges that smoking and breathing other people's tobacco smoke is both a public health hazard and a health issue and therefore has decided to protect both young people and staff from the harmful effects of smoke by introducing a No Smoking Policy.

Kibble is committed to...

- improving the health outcomes of young people placed in our services
- complying with the contractual arrangements of authorities who place young people at Kibble and protecting all young people, staff and visitors from exposure to second hand smoke

In addition to supporting good health outcomes of young people Kibble is committed to assisting compliance with the Smoking, Health and Social Care (Scotland) Act 2005 and the Tobacco and Primary Medical Services (Scotland) Act 2010.

3 Scope

This policy applies to Kibble Education and Care Centre along with the following associated / subsidiary companies:

- Kibbleworks (KWL)
- Kibble Campus Developments (KCDL)
- Kibble Construction (KCL)
- Kibble Trading Limited (KTL)



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4 **Aim**

- Provide an environment where good health is promoted for all
- Highlight to all who use Kibble that it is a 'smoke free' environment
- Enable Kibble to tackle smoking-related issues
- Raise awareness of the dangers associated with exposure to tobacco smoke and reinforce the organisation's health education programme

5 Responsibilities

All managers have a specific responsibility for operating within the boundaries of this policy, ensuring that Employees understand the standards of behaviour expected of them and taking action when behaviour falls below its requirements.

Employees are responsible for the success of this policy and should ensure that they take the time to read and understand it.

Questions regarding the content or application of this policy should be directed to the service management team.

6 Policy Implementation

Young people and staff will be made aware of the dangers of smoking and implementation of the policy through a variety of methods including (but not limited to):

- No smoking days
- Information sessions with Trading Standards regarding changes in the Law
- Information disseminated to the units via the Health Co-ordinators
- Keyworkers supporting individual young people
- Posters and signage
- Information from Management Team
- Information at managers' meetings
- Appropriate literature will be displayed to support No Smoking Campaigns.
- Referral pathway to smoking cessation advisors

Since 1st August 2012 Kibble has been a smoke-free environment. Smoking is not permitted on the grounds or in the buildings including toilets, corridors, staff rooms, car parks and playing fields. This also includes all transport used for business purposes which are covered by the legislation and this policy.

This policy applies to all stakeholders when they are on Kibble premises and in addition all are expected to refrain from smoking on off-campus facilities / activities involving, or in sight of, children and young people.

Staff / volunteers / students, who do smoke, must only do so during their allocated unpaid breaks and must be outside the perimeter of Kibble premises and well out of sight from children/young people.

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7 Additional considerations

7.1 Young People

Kibble recognises the challenges this poses to young people who smoke and are committed to assisting them to break the habit through:

- Referral to onsite smoking cessation services (see referral pathway).
 - o The smoking cessation services are also available to staff.
- Keyworkers will develop individualised support plans
- Staff will not accept cigarettes brought to the Centre for young people
- Discussions will take place with all young people to examine appropriate support measures to assist them in giving up smoking

7.2 KibbleWorks

Should have the smoke free perimeter clearly marked at each building. All Kibble uniforms and ID badges must be covered if smoking during an allocated unpaid break.

7.3 Foster Carers

See IFS Policy on Smoking

8 Reviewing and Monitoring Arrangements

Compliance with this policy will be reviewed annually and promoted by The Board, Trustees and Senior Management Team.

Kibbles Outcome Measurement Framework will inform the review of the policy.

Staff violating the "No Smoking Policy" shall be dealt with through the Kibble Disciplinary procedure.

Young people, parents, carers and external agencies will be informed of the "No Smoking Policy" through the Kibble Welcome Pack and information leaflets.